


























WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese 	Classic Beef Burger Served with Potato Wedges	Roast Gammon Served with Roast Potatoes and Gravy	BBQ Chicken Pizza  Served with Pesto Pasta	Fish Fingers Served with Chips
JACKET POTATO	Cheesy Bean Burrito   	Quorn Burger  Served with Potato Wedges	Roast Quorn  Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza   Served with Pesto Pasta	Veggie Fingers  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
<p>Tomato Pasta Fresh, homemade tomato sauce with penne pasta  </p> <p>All main meals are served with two vegetables</p>					
DESSERT	Raspberry Jelly	Apple Crumble with Custard 	Rice Pudding with Jam or Chocolate Spread	Flapjack with Fruit 	Chocolate Brownie

AVAILABLE EVERY DAY
Water, salad, freshly baked bread,
yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain
 Fruity!  Nutritionist's Choice

WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03, 07/04

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Veggie Supreme Pizza Served with Pesto Pasta	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Vegetable Pie Served with Mashed Potato and Gravy	Crispy Chicken Burger Served with Chips
JACKET POTATO	Vegetable Fajita Served with Wholegrain Rice	Vegetarian Bolognese Served with Wholewheat Pasta	Winter Vegetable Hotpot Served with Gravy	Cheesy Vegetable Pie Served with Gravy	Quorn Dippers Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Crunchy Chocolate Mousse	Apple and Cinnamon Sponge with Custard	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Chocolate Cookie




























AVAILABLE EVERY DAY
Water, salad, freshly baked bread,
yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 	Pork Sausages Served with Mashed Potato and Gravy	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma   Served with Wholegrain Rice	Fish Fingers Served with Chips
JACKET POTATO	BBQ Quorn Fillet    Served with Wholegrain Rice	Quorn Sausages  Served with Mashed Potato and Gravy	Vegetarian Cottage Pie   Served with Gravy	Vegetable Korma    Served with Wholegrain Rice	Veggie Fingers  Served with Chips
	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato sauce with penne pasta  				
	All main meals are served with two vegetables				
DESSERT	Chocolate Beet Brownie with Orange Slices 	Bread and Butter Pudding with Custard	Sicilian Lemon Cookie with Fruit 	Jam and Coconut Sponge with Custard	Vanilla Ice Cream

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain
 Fruity!  Nutritionist's Choice